



3696 Beatty Drive Riverside, CA 92506

For More Information Please Call Our Office

(951)341-9244



Health & Wellness Support Group

HEALTH & WELLNESS SUPPORT GROUP

WE MEET EVERY 2ND FRIDAY OF THE MONTH

Friday, July 13th from 1:30pm-3pm @ Blindness Support Services

This month we will have a guest speaker from the Riverside Community Health Foundation.

Topic: Rethink Your Drink

Encouraging more water intake & discouraging sugary beverage consumption

RSVP to the front desk on (951) 341-9244

Check us out at:

www.blindnesssupport.com

